

Palmer Catholic Academy

Cross-Country



Open to all 5th through 8th grade students, the cross-country team strives to build healthy habits and team spirit through weekly training runs and competitive meets against other diocesan elementary schools.

Practices are held on the back field of Palmer Catholic Monday, Wednesday, and Thursday from 3:15 to 4pm. Meets are usually on Tuesday or Wednesday at 4pm at various locations around the diocese. The race distance for 5th and 6th grade students is one mile and for 7th and 8th grade students it is one-and-a-half miles.

Running is FUN! Come see for yourself!